

Half Term 3 (2023-2024)

February 2024

# Al-Tadhkirah التَّذَكِرة

A half-termly newsletter published by the Student Council

#### Welcome to Our Third Issue!

Assalamu `Alaikum.

With great pleasure and excitement, we present to you the third edition of our school newsletter for this year. From academic endeavours to extracurricular pursuits, from insightful discussions to heartwarming celebrations, each article encapsulates the essence of our vibrant school community.

We are delighted to kick off this newsletter by celebrating the outstanding winners of our last oracy competition. The entries were nothing short of exceptional, showcasing the profound insights and eloquence of our talented students.

#### Childrens Mental Health Week 2024



From mindfulness exercises to creative expression activities, the sessions were designed to promote mental well-being, foster resilience, and validate the voices of our students.

This year's Children's Mental Health Week, with the theme #myvoicematters, urged us to listen, empathise, and amplify the voices of our youth.





**Competition Winners** 

See who won last halfterm's oracy competition. Essay Competition Details for this half term's essay competition.



**UEL Trip** 

Sports trip to the University of East London.

Important information for parents of Year 8 students.

Year 8 Flu Vaccination



Safer Internet Day
Internet safety workshop.
Parents' Evening
Dates and timings.
Ramadan Competition
Juz Amma Hifz Competition.



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Published by the Student Council under the supervision of MJA.



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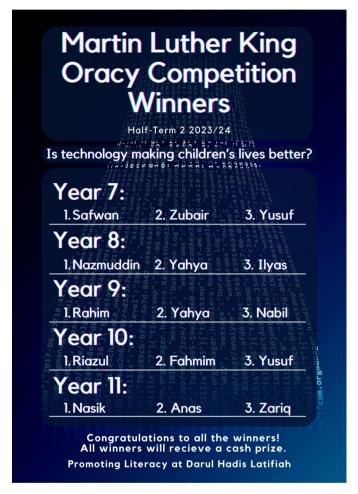
Anas & Abu Hanifa

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## Oracy Competition Winners

In our recent oracy competition, students tackled the question: "Is Technology Making Children's Lives Better?" Our winners articulated insightful perspectives on this topic, well done to them!

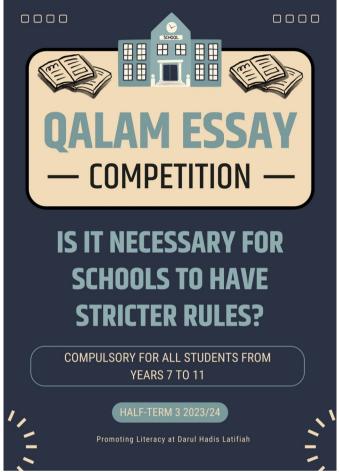


Their achievement not only affirms their individual talents but also highlights the vibrant culture of oracy thriving within our school.

Congratulations to the winners and we hope to see even better contributions in the future.

#### Qalam Essay Competition

This half-term, we embark on a journey of critical thinking and expression through our school-wide essay competition. With the thought-provoking prompt, "Is it necessary for schools to have stricter rules?" every student is tasked with exploring the nuances of discipline in educational settings.



This competition presents an opportunity for our students to delve into a topic that directly impacts their daily lives. By examining the merits and drawbacks of stricter disciplinary measures, students are encouraged to form well-reasoned arguments, drawing upon personal experiences, research, and ethical considerations.

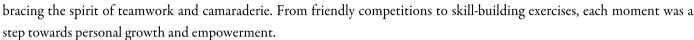
As they work on their essays, we anticipate a diverse range of perspectives, reflecting the unique insights of our student body. This competition not only hones their writing skills but also fosters a deeper understanding of the dynamics at play in educational environments.

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#### University of East London Trip:

Selected students from our school had the incredible opportunity to delve into the world of sports and fitness through the 'Sports in Your Futures' programme at the University of East London. This immersive experience went beyond the confines of traditional classrooms, offering a glimpse into the exciting possibilities that lie ahead.

During the programme, our students actively participated in a variety of sports activities, honing their athletic skills and em-



Beyond the physical aspects, students engaged in meaningful discussions about health and wellness, exchanging ideas and insights on leading a balanced and active lifestyle. These conversations not only deepened their understanding of the importance of fitness but also inspired them to make healthier choices in their daily lives.



The highlight of the day was witnessing a live basketball match, where students experienced the thrill of competition and the electric atmosphere of the stadium. It was a moment of unity and excitement, reinforcing the power of sports to bring people together and ignite passion.

As our students return from this enriching excursion, they carry with them memories, skills, and aspirations that will shape their futures. We extend our heartfelt gratitude to the University of East London for providing this invaluable opportunity, and we look forward to continuing our journey of exploration and discovery together.

### Year 8 HPV Vaccination: Wednesday, 6th March 2024.



Vaccination UK will be visiting our school on Wednesday, 6th March 2024 to administer the HPV vaccinations to Year 8 students.

Please kindly complete the e-consent form via the following link: https://london.schoolvaccination.uk/hpv/2023/towerhamlets

Please complete the form even if you do not wish your child to receive the HPV Vaccination.

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#### Safer Internet Day 2024

For Safer Internet Day on the 6th of February, students delved into the multifaceted role of the internet, recognising its potential as a tool for learning, connection, and innovation. They explored the myriad ways in which the internet enriches our lives, while also acknowledging the inherent risks and challenges it presents.



Crucially, students learned practical strategies and best practices for staying safe online. From protecting personal information to recognising and responding to online threats, they gained valuable insights into navigating the digital landscape with caution and confidence.

## Year 7-10 Half-Yearly Parents' Evenings

We are excited to invite all parents and guardians to our upcoming Half-Yearly Parents' Evening, where we will come together to celebrate your child's progress and achievements thus far in the academic year.

This evening presents a valuable opportunity for you to engage with your child's teachers, gain insights into their academic journey, and discuss their strengths, areas for improvement, and aspirations for the future.

We can't wait to connect with you and continue working together to nurture your child's growth and development.

See below for details:

Years 7 and 10: Monday, 26th February 2024, 2:15-4:30pm

The school will close at 1:35pm for Years 8, 9 and 11 on Monday 26th February 2024.

- Year 9: Wednesday, 28th February 2024, 3:30-5:00pm
- Year 8: Monday, 4th March 2024, 3:30-5:00pm

Please phone the reception to book your 15-minute time slot. Slots are available on a first-come first-served basis. Please ensure that you arrive on time. Parents who fail to arrive at their allocated times may not be able to meet all the teachers.

#### Ramadan Hifz Competition

This Ramadan, students will take part in a memorisation competition of the last Juz' of the Qur'an. We encourage all to participate and wish everyone the best!

